

Red Clover Tincture



Overview:

Red clover has been used traditionally for generations as a nourishing herb, particularly for women. The blossoms contain naturally occurring isoflavones, which are plant compounds often referred to as phytoestrogens. These compounds have a structure similar to estrogen and continue to be studied for their role in women's health and menopausal wellness.

Red clover has also been traditionally valued as a gentle lymphatic herb and supportive tonic.

Traditionally Used to Support:

- Menopausal transition
- Occasional hot flashes
- Women's vitality
- Lymphatic wellness
- Skin support
- General nourishment

Why Reishi Is Special:

- Menopausal transition
- Occasional hot flashes
- Women's vitality
- Lymphatic wellness
- Skin support
- General nourishment chosen by those experiencing overwhelm, fatigue, emotional strain, or who want to support heart-centered wellness as part of a holistic lifestyle. (Perfect for long-term, gentle support)

Ingredients:

Organic Reishi mushroom (Ganoderma lucidum), grain alcohol, distilled water, vegetable glycerin
(Double-extracted by the Captive Dragon Water-Soluble Research) Consult a qualified healthcare professional before using herbal products.

Suggested Use:

Take 1-2 dropperfuls, 1-2 times daily, as part of your wellness routine.
May be taken alone or added to a small amount of water.

Refuge Remedies

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